



CONSENT FOR MID-STATE HEALTH CENTER RISE RECOVERY TREATMENT AGREEMENT

An Integrated Care model is practiced at Mid-State Health Center. This means that your medical, recovery, and behavioral health providers will all work together to help you reach your treatment goals, using a shared medical record. This high level of collaboration from a multidisciplinary team can increase support and improve outcomes.

1. CODE OF ETHICS

All RISE Recovery personnel at Mid-State Health Center adhere to the National Association for Alcohol and Drug Abuse Counselors (NAADAC). This code of ethics can be viewed in its entirety at <https://www.naadac.org/code-of-ethics>. The personnel you are working with will provide information regarding his/her/their training, qualifications, and experience upon request.

2. DIAGNOSIS AND RECOMMENDED TREATMENT

The professionals involved in your treatment will discuss your diagnosis and your goals to create an individualized plan to support your recovery. Services available through Mid-State Health Center include primary care, recovery, behavioral health, dental, nutrition, health care navigation, and more.

Recovery from an addiction may involve discussing unpleasant aspects of your life. You may experience uncomfortable feelings like sadness, guilt, anger, frustration, loneliness, and helplessness. Many people benefit from going through this challenging experience. Treatment often leads to better relationships, solutions to specific problems, significant reductions in feelings of distress; however, there are no guarantees of what you will experience.

At times, people will be referred to the RISE Recovery program at Mid-State Health Center for an assessment to determine appropriate level of care such as: a 28-day program, detox, Intensive Outpatient Programming, or Medication Assisted Treatment. When this happens, we strive to utilize the American Society of Addiction Medicine (ASAM) criteria. The provider completing the assessment will explain the nature and purpose of the assessment and how the results will be communicated to you and other professionals on your team and can assist with finding appropriate services based on the results. Communication with outside parties, such as probation and parole, requires your written authorization on a CFR Part 2 release of information.

3. CONFIDENTIALITY

Under New Hampshire law, communications between a patient and provider(s) are confidential and may not be disclosed without the specific authorization of the patient except under specific and limited circumstances. Information may be disclosed if an individual is a danger to self or others or when a vulnerable child or adult is abused, exploited, or neglected. Records may also be subject to audit by regulatory authorities. Under certain circumstances, Mid-State Health Center can be compelled to release medical records including recovery treatment, behavioral health and/or medical information by court order.

In addition, as part of obtaining and/or maintaining a valid certification or license, members of your team are required to regularly discuss cases with colleagues. They may also obtain formal supervision when they consider it necessary. In these situations, the identity of a patient is not disclosed and all participants in supervision are legally bound to confidentiality as well. By signing this document, you are acknowledging that you understand your provider may discuss your case in consultation and/or supervision and do not object to them doing so.

4. CONFLICTS OF INTEREST

There are times when actual or potential conflicts of interest may arise. In the event that your provider becomes aware of a conflict of interest impacting treatment with you, your provider may be required to refer you to another qualified provider. Regardless of the existence of a conflict of interest, you can be assured that any information will remain confidential.



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5. PROFESSIONAL BOUNDARIES

All Mid-State Health Center personnel are obligated to establish and maintain appropriate professional boundaries and relationships with present and past patients and, in some cases, patients' family members. For example, RISE Recovery Program of Mid-State Health Center should not socialize or become friends with you, should not follow you on social media, and should never become sexually involved with you.

6. CONCERNS OR COMPLAINTS

If you have any complaints about the treatment you have received, you should not hesitate to raise them with your provider. You may also contact Mid-State's Compliance Officer by calling 603-536-4000. You may also make a complaint at the NH Board of Alcohol and Other Drug Use Professionals by phone 603-271-2152 or through email OPLCLicensing9@oplcnh.gov

7. LIMITS OF AVAILABILITY AND PROVISIONS FOR EMERGENCY COVERAGE

The role of RISE Recovery at Mid-State Health Center is to provide services and assessments during business hours only. There are no professionals available to you nights, weekends, or holidays. In the event of an emergency, please call 911 or go to the nearest emergency room. Information regarding recovery services in NH, including "The Doorway," is available by calling 211. You can also call 988 should you have a mental health crisis.

8. PROFESSIONAL RECORDS

Mid-State Health Center maintains a medical record for each patient, including anyone receiving services through the RISE Recovery Program. This includes intake evaluations, assessments, diagnoses, treatment plans, treatment notes, and any other written or electronic information that is received from or about a patient such as phone calls and appointments. This content is contained in one medical record which is shared by Mid-State personnel, who routinely review one another's notes to provide integrated care to you. You are entitled to a copy of records for a fee which covers copying and administrative costs.

9. ELECTRONIC COMMUNICATIONS

Most insurance companies require that billing and other information be electronically submitted. Mid-State Health Center cannot guarantee the confidentiality of such communications once it leaves our office.

Providers at Mid-State Health Center's RISE Recovery make every effort to communicate with you in the most convenient way for your treatment including electronic communication such as text messaging. Confidentiality can be compromised with electronic communication and by signing this you acknowledge that you understand the advantages and possible disadvantages.

10. SELF-DETERMINATION

Mid-State Health Center supports both harm reduction and sobriety. Providers can assist you in identifying and clarifying your goals as well as making progress toward your goals. Ultimately you are in charge of your treatment, your recovery, and your life.

ACKNOWLEDGMENT AND ACCEPTANCE

My signature below indicates that I have read and understand this document and agree to abide by its terms.

Print Name _____ Date of Birth _____

Signature _____ Date _____