



*Thank you for choosing Mid-State Health Center to care for your health needs.*

Our goal at Mid-State is to provide top-notch care to each of our patients, Mid-State has a team of highly skilled providers and a variety of services available to help you achieve your health goals. Our Health Navigator Team will assist you in finding a provider that best meets your health goals.

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To get started, please complete and return the attached forms to our office:

- New Patient Registration Form** (includes important information about you)
- New Patient Health History Form** (includes important information about your health)
- Protected Health Information Release Authorization** (allows up to obtain your previous health records)

**Optional Forms:**

- Designation of a Personal Representative**

**Please complete and sign each of these forms and return to Mid-State Health Center within 30 days of receiving them.**

**Completed forms can be returned to Mid-State via:**

- Email: [healthnavigators@midstatehealth.org](mailto:healthnavigators@midstatehealth.org)
- Fax: 603-536-4001
- Mail: Mid-State Health Center, Attn: Health Navigators, 101 Boulder Point Drive, STE 1  
Plymouth, NH 03264
- Or dropped at any of our locations.

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Once we receive your completed paperwork our team will contact you to schedule an appointment.

**Please note that receiving your medical records from your previous provider may take up to 30 days.** If you have an **immediate health concern before your first visit**, please call our office.

If you have any questions, or need assistance in completing paperwork, please contact our Health Navigator Team by calling 603-536-4000 Ext. 1550.

Wishing you good health,

*The Mid-State Health Center Team*



Services Requested: [ ] Primary Care [ ] Behavioral Health [ ] Dental (BRISTOL OR LITTLETON) [ ] Physical Therapy (PLYMOUTH) [ ] RISE Recovery

PATIENT INFORMATION

Prefix: [ ] Mr. [ ] Ms. [ ] Mrs. [ ] Miss [ ] Other: \_\_\_\_\_
Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ M.I.: \_\_\_\_\_ Suffix: \_\_\_\_\_
Preferred /Nickname: \_\_\_\_\_ Maiden Name: \_\_\_\_\_ Gender at Birth: [ ] Male [ ] Female
Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_
Marital Status: [ ] Single [ ] Married [ ] Divorced [ ] Widow/Widower [ ] Other: \_\_\_\_\_
Preferred Pronoun: [ ] He/Him [ ] She/Her [ ] They/Them
Race: [ ] American Indian / Alaskan Native [ ] Asian [ ] Black/African American [ ] Native Hawaiian / Pacific Islander [ ] White /Caucasian [ ] Other: \_\_\_\_\_
Ethnicity: [ ] Hispanic / Latino / Latina [ ] Non-Hispanic / Latino / Latina
Language: [ ] English [ ] French [ ] Spanish [ ] Chinese [ ] Other: \_\_\_\_\_
Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_
[ ] Street address is the same as mailing address
Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_
Phone: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_
Email: \_\_\_\_\_
Have you ever served in the military? [ ] Yes [ ] No If yes, what is your current status? \_\_\_\_\_

EMERGENCY CONTACT (person we contact only in an emergency):

Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_
Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_
Phone: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

STATISTICAL INFORMATION:

As a Federally Qualified Health Center, Mid-State is required by Federal Law to request the following information for statistical purposes only. Individual patient information is NOT reported or disclosed. Thank you for your participation.

Are you: Homeless? [ ] Yes [ ] No A Migrant/Seasonal Worker? [ ] Yes [ ] No
Income: [ ] Below \$24,999 [ ] \$25,000 - \$49,999 [ ] \$50,000 - \$74,999 [ ] \$75,000 - \$99,999 [ ] \$100,000 or more
Household Size: Number of people in your household including yourself: \_\_\_\_\_

**PAYMENT INFORMATION**

**Party Responsible for Payment:**  Self  Parent  Spouse  Other: \_\_\_\_\_

**Complete this section about the person responsible for payment ONLY if someone other than the patient.**

**Full Name** (of person responsible for patient): \_\_\_\_\_

**Relationship to Patient:** \_\_\_\_\_ **Social Security #:** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Phone:** Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

Street address is the same as mailing address

**Street Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**INSURANCE COVERAGE INFORMATION**

**Patient Insurance Coverage:**  Insured  Insured, but with high deductibles  Uninsured

**We can help. Mid-State offers a variety of payment options for those patients who have insurance plans with high deductibles or no insurance. Visit our website at [midstatehealth.org](http://midstatehealth.org) for more information.**

**Please check here if the patient (or person responsible for payment) would like to meet with a Patient Account Representative** to discuss payment options or to determine if the patient is eligible for Mid-State's sliding fee scale program.

**Primary Insurance:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Policy ID#:** \_\_\_\_\_ **Group#:** \_\_\_\_\_ **Co-pay for Office visit: \$** \_\_\_\_\_

**Policy Holder's Name:** \_\_\_\_\_

**If the policy holder is not the patient, please complete the following information about the policy holder:**

**Relationship to Patient:** \_\_\_\_\_ **Social Security #** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ **Date of Birth** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Secondary Insurance:** \_\_\_\_\_ **Phone:** (\_\_\_\_) \_\_\_\_\_

**Policy ID#:** \_\_\_\_\_ **Group#:** \_\_\_\_\_ **Co-pay for Office visit: \$** \_\_\_\_\_

**Policy Holder's Name:** \_\_\_\_\_

**If the policy holder is not the patient, please complete the following information about the policy holder:**

**Relationship to Patient:** \_\_\_\_\_ **Social Security #** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ **Date of Birth** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**HOW DID YOU HEAR ABOUT MID-STATE?**

- Friend/Relative
- Online Search
- Newspaper
- Radio
- Social Media
- Mid-State's Website
- Emergency Room
- Other: \_\_\_\_\_



Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**SURGICAL HISTORY (please complete to the best of your ability)**

Date	Procedure/Surgery	Hospital	Physician
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**CURRENT AND PAST MEDICAL CONDITIONS – PLEASE CHECK ALL THAT**

Alcohol/Drug Problems	<input type="checkbox"/> Yes <input type="checkbox"/> No	Heart Attack	<input type="checkbox"/> Yes <input type="checkbox"/> No
Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	Heart Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No
Anxiety	<input type="checkbox"/> Yes <input type="checkbox"/> No	Heart Murmur	<input type="checkbox"/> Yes <input type="checkbox"/> No
Arthritis	<input type="checkbox"/> Yes <input type="checkbox"/> No	Hepatitis/Yellow Jaundice	<input type="checkbox"/> Yes <input type="checkbox"/> No
Asthma	<input type="checkbox"/> Yes <input type="checkbox"/> No	High Blood Pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No
Bleeding Problems	<input type="checkbox"/> Yes <input type="checkbox"/> No	High Cholesterol	<input type="checkbox"/> Yes <input type="checkbox"/> No
Bowel Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	HIV	<input type="checkbox"/> Yes <input type="checkbox"/> No
Cancer of _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	Kidney Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No
Congestive Heart Failure	<input type="checkbox"/> Yes <input type="checkbox"/> No	Kidney Stones	<input type="checkbox"/> Yes <input type="checkbox"/> No
Chronic Bronchitis	<input type="checkbox"/> Yes <input type="checkbox"/> No	Migraines	<input type="checkbox"/> Yes <input type="checkbox"/> No
Chronic Pain	<input type="checkbox"/> Yes <input type="checkbox"/> No	Prostate Enlargement	<input type="checkbox"/> Yes <input type="checkbox"/> No
Depression	<input type="checkbox"/> Yes <input type="checkbox"/> No	Reaction to Anesthesia	<input type="checkbox"/> Yes <input type="checkbox"/> No
Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	Skin Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No
Eating Disorders	<input type="checkbox"/> Yes <input type="checkbox"/> No	Stomach Ulcers	<input type="checkbox"/> Yes <input type="checkbox"/> No
GERD/Acid Reflux	<input type="checkbox"/> Yes <input type="checkbox"/> No	Stroke	<input type="checkbox"/> Yes <input type="checkbox"/> No
Glaucoma	<input type="checkbox"/> Yes <input type="checkbox"/> No	Thyroid Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No
Gout	<input type="checkbox"/> Yes <input type="checkbox"/> No	Tuberculosis / Positive PPD	<input type="checkbox"/> Yes <input type="checkbox"/> No
Hearing Difficulty	<input type="checkbox"/> Yes <input type="checkbox"/> No		

**FAMILY HISTORY**

List disease that your relatives have / had:

Father: \_\_\_\_\_

Mother: \_\_\_\_\_

Sibling(s): \_\_\_\_\_

Son(s): \_\_\_\_\_ Daughter(s): \_\_\_\_\_

**IMMUNIZATIONS**

Immunizations Attached	<input type="checkbox"/>	Tetanus/Pertussis (DTap)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Shingles	<input type="checkbox"/> Yes <input type="checkbox"/> No	Chicken Pox (Varicella)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Pneumonia	<input type="checkbox"/> Yes <input type="checkbox"/> No	Measles, Mumps, Rubella (MMR)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Polio (OPV)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Other: _____	
Hepatitis B	<input type="checkbox"/> Yes <input type="checkbox"/> No		
COVID-19	<input type="checkbox"/> Yes <input type="checkbox"/> No		

**HEALTH SCREENINGS (please complete to the best of your ability)**

<input type="checkbox"/> Physical Exam _____	<input type="checkbox"/> Colonoscopy _____
<input type="checkbox"/> Cholesterol Check _____	<input type="checkbox"/> PSA Test / Prostate Cancer Screening _____
<input type="checkbox"/> HIV Screening _____	<input type="checkbox"/> Diabetes Screening _____
<input type="checkbox"/> Hep C Screening _____	( <input type="checkbox"/> fasting blood sugar or <input type="checkbox"/> HgbA1c)
<input type="checkbox"/> Mammogram _____	
<input type="checkbox"/> Pap Smear _____	

**PATIENT HEALTH INFORMATION**

**Primary Support:**  Self  Spouse  Parents  Other: \_\_\_\_\_

**Occupation:** \_\_\_\_\_ **Retired?**  Yes  No

**Do you think of yourself as:**  Straight or Heterosexual  Lesbian, Gay, or Homosexual  Bisexual  
 Something else  Other

**Do you identify as transgender or transsexual?**  Yes  No  Not sure

**Patient's number of children:** Daughter(s): \_\_\_\_\_ Son(s): \_\_\_\_\_

**Do you have a living will?**  Yes  No **Are you an organ donor?**  Yes  No

**CURRENT MEDICATIONS AND SUPPLEMENTS**

Medication / Supplement Name	Dosage	Frequency	Prescribing Provider

*If you have any more medications/supplements than space allows, please attach a full and complete list*

**ALLERGIES**

**Please list any known allergies. Include any medication allergies, seasonal allergies, food allergies, bees, etc.**

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**HOSPITALIZATIONS (NON-SURGICAL ONLY)**

Date	Reason (Diagnosis)	Hospital	Physician

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**THIS SECTION FOR ONLY PATIENTS UNDER THE AGE OF 18**

Parent's Marital Status:

Single  Married  Divorced  Widow/Widower  Other: \_\_\_\_\_

**I live with:** Name: \_\_\_\_\_ Relationship to You: \_\_\_\_\_



**Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

I hereby authorize the following entity to disclose/release my protected health information (PHI) orally or in writing for the following purpose of **Continuity of Care.**

Facility Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

I understand this information may include treatment for drug/alcohol abuse, mental illness, HIV status, or genetic testing records. **I specifically authorize the release of this information** (if applicable):

Yes       No      Initials: \_\_\_\_\_

**Name of person(s) or entity to receive information:**

Mid-State Health Center  
101 Boulder Point Drive, Suite 1  
Plymouth, NH 03264

**INFORMATION TO BE DISCLOSED:**

**Information Needed:**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Problem List    | <input type="checkbox"/> Last office visit notes       | <input type="checkbox"/> Last two years of labs |
| <input type="checkbox"/> Immunization    | <input type="checkbox"/> Last two physicals            | <input type="checkbox"/> Last two Pap Smears    |
| <input type="checkbox"/> Medication List | <input type="checkbox"/> Bone Density                  | <input type="checkbox"/> Last 2 Mammograms      |
| <input type="checkbox"/> EKG, Echo       | <input type="checkbox"/> Colonoscopy/Pathology Reports |   |

**I understand that:**

- I may refuse to sign this authorization and my healthcare and payment of my healthcare will not be effected based upon refusal to sign the authorization.
- I may revoke this authorization at any time by delivering to the health care provider/institution, authorized above, in a written note. I understand that the revocation will not apply to records that have been disclosed prior to receipt of the written revocation.
- If I authorize disclosure of my protected health information, and the recipient is not a covered entity, the recipient may further disclose this information and federal law will no longer protect it.
- I have the right to inspect a copy of the information that I am consenting to release within the established policies of the provider or institution that I authorize to release my records.

**This authorization will expire one year from the date this document is signed unless I otherwise specify an alternative date or event described here:** \_\_\_\_\_

\_\_\_\_\_  
Signature of Patient/Personal Representative

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Personal Representative

\_\_\_\_\_  
Legal Authority of Personal Representative



<b>Patient Name:</b> _____	<b>DOB:</b> _____
<b>Address:</b> _____	<b>City:</b> _____
<b>State:</b> _____	<b>Zip:</b> _____ <b>Phone Number:</b> _____

I hereby designate the following Personal Representative to **assist me in exercising my health information rights**, related to care received at Mid-State Health Center, under the New Hampshire Patient’s Bill of Rights (NH RSA 151:19-21) and the Federal Privacy Rule (45 CFR 164.502(g)).

You may nominate a Personal Representative to assist in obtaining and receiving services at MSHC. This Personal Representative does not have equal rights and responsibilities as a Durable Power of Attorney. The Representative can only assist in exercising your health information rights.

My designated Personal Representative is:		
<b>Name:</b> _____	<b>Phone:</b> _____	<b>Relation to patient:</b> _____
<b>Address:</b> _____	<b>City/ State:</b> _____	<b>Zip Code:</b> _____

I request that my Personal Representative be allowed to assist me in exercising the following rights related to my protected health information (PHI): (check all that apply)

- \_\_\_ The right to execute, on my behalf, any medical consents, or other documents that may be required in order to exercise my health information rights; (including sliding fee application)
- \_\_\_ The right to request and obtain a copy of my **medical records** and other PHI
- \_\_\_ The right to request an amendment of any of my protected health information and/or request an accounting of disclosures of my protected health information
- \_\_\_ The right to **communicate verbally** regarding my appointments; (cancel, schedule or reschedule)
- \_\_\_ The right to have verbal discuss my health concerns with my provider and care team
- \_\_\_ Other (please specify): \_\_\_\_\_

Restriction(s): \_\_\_\_\_

- No expiration Date
- Expires on (MM/DD/YYYY): \_\_\_\_\_

**I understand if I wish to revoke personal representative designation, I must deliver notice of written revocation to: Mid-State Health Center – Health Information Management.** I understand that it is my responsibility to notify my designee that I have revoked their personal representative designation. Submitting additional Personal Representative Forms will **NOT** revoke existing forms.

\_\_\_\_\_  
Patient’s Name (**Print**) Date: \_\_\_\_\_

\_\_\_\_\_  
Patient (**Signature**) / Legal Guardian (Signature) Printed Legal Guardian’s Name (If Applicable)