

Parents' Guide to Vaccines for Children Starting Kindergarten

If your child is going to kindergarten this fall, he or she must have several vaccines before starting school. If your child has not had all the shots, he or she might not be allowed to attend school. This is the law in New Hampshire.

Please call Mid-State Health Center to find out if your child has all the vaccines to start school. You can also find out by using the worksheet on page 2. If your child needs more shots, make an appointment as soon as possible.

Before kindergarten starts you must give the school your child's vaccine record.

You can get an official record from Mid-State Health Center. The worksheet on page 2 is not an official record.

If the doctor or Nurse Practitioner told you that your child should not get a vaccine, ask the doctor to write a note to the school about it. If vaccination is against your religion, you must sign a special form.

The immunizations that are required for school protect your child against 9 diseases. There are other contagious diseases that can harm your child such as pneumonia, the flu, and hepatitis A. These can be prevented by vaccination. Talk with your child's doctor or Nurse Practitioner about other vaccines your child might be able to get.

For more information, please call the Greater Plymouth Region Immunization Initiative at 536-4099 extension 1380.

To get a copy of your child's vaccine records, contact Mid-State Health Center at 536-4000 (Plymouth office) or 744-6200 (Bristol office) and ask to have the record faxed to your child's school. Or you may come to the clinic and pick up a copy of the record.

Does your child have all the vaccines needed to start kindergarten?

Your child must be immunized against 9 diseases to enter kindergarten. Use this sheet to find out if your child has enough doses of each vaccine. Fill in the dates your child got any of the vaccines listed in each group, count the doses, and compare this to the requirement. *This sheet is a guide only. Sometimes children need extra doses. Check with Mid-State Health Center. You must give the school an official record from your child's health care provider.*

Child's name _____ Date of birth _____

<u>Vaccines that project against diphtheria, tetanus, & pertussis</u>		<u>Dates child got vaccine</u>	<u>Requirement</u>
Daptacel	Kinrix	1. _____	4 doses if 4 th dose was given after child turned 4 years old or 5 doses, with 5 th dose given after child turned 4 years old
DT*	Pediarix	2. _____	
DTaP	Pentacel	3. _____	
DTP	TriHIBit	4. _____	
Infanrix	Tripedia	5. _____	

*DT vaccine does not protect against pertussis

<u>Vaccines that project against polio</u>		<u>Dates child got vaccine</u>	<u>Requirement</u>
IPOL	OPV	1. _____	3 doses if 3 rd dose was given after child turned 4 years old or 4 doses
IPV	Pediarix	2. _____	
Kinrix	Pentacel	3. _____	
		4. _____	

<u>Vaccines that project against hepatitis B</u>		<u>Dates child got vaccine</u>	<u>Requirement</u>
Comvax	Recombivax	1. _____	3 doses
Engerix-B	Twinrix	2. _____	
Pediarix		3. _____	

<u>Vaccines that project against measles, mumps, and rubella</u>		<u>Dates child got vaccine</u>	<u>Requirement</u>
MMR	MMRV	1. _____	2 doses
MMR II	ProQuad	2. _____	

<u>Vaccines that project against varicella (chickenpox)</u>		<u>Dates child got vaccine</u>	<u>Requirement</u>
Varivax	MMRV	1. _____	2 doses or a lab test proving child is immune to varicella
ProQuad		2. _____	