

# 2011 Community Health Fair

**Saturday, September 24 • 8 - 11 a.m.  
At Boulder Point • Off Tenney Mountain Hwy**

*Free screenings and information from health and service providers throughout our community*

## **Mid-State Health Center**

Blood Pressure Checks  
Plymouth Regional High School Culinary Arts Program

## **Pemi-Baker Community Health**

Advance Directives  
CADY  
Guided Imagery  
Genesis  
Plymouth Regional Clinic  
Weigh to Go (Weight Loss Program)  
Whole Village Family Resource Center

## **Sound Advice Hearing Center**

Hearing Screening\*

## **Speare Memorial at Boulder Point**

Bone Density  
Choice Physical Therapy  
Cholesterol/Glucose (12 hour fasting recommended)  
Coffee and Water Station  
Concord Urology  
Dental Screenings\*  
Dietary/Nutrition  
Infection Prevention  
Nutrition Information  
Oliver Drug Diabetes Management  
Patient & Family Centered Care  
Respiratory Screening  
Reiki\*  
Skin Cancer Screening\*  
Sleep Lab Information

**\*Sign up for a specific screening time when you arrive at the designated area.**

For more information call:  
**(603) 238-6468**

**SPEARE**   
Memorial Hospital  
A Critical Access Hospital